Review of Our Own Conduct

Complete each column from top to bottom. Do nothing on the following columns until each column is complete.

1. We listed all people we harmed.
2. We asked ourselves what we did.
3. Was it our self-esteem, security, ambitions, our sex instinct which caused the harm?
4. Referring to our list again. Putting out of our minds the wrongs others had done, we resolutely looked for our own mistakes Where had we been selfish, dishonest, self seeking, frightened and inconsiderate?
5. Reading from left to right we now see who we harmed, what we did that caused the harm, the part of self that caused the harm and the exact nature of the defect within us that allowed our conduct to surface and block us off from God's will.

"SELF"

Column 3 — Affects My (Which part of self caused the fear?)

Column 4 — What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings

	Column 1 - Who did I harm?	Column 2 - What did I do?	Social Instinct: Self Esteem	Social Instinct: Personal Relationships	Security Instinct: Material	Security Instinct: Emotional	Sex Instinct: Acceptable Sex Relations	Sex Instinct: Hidden Sex Relations	Ambitions: Social	Ambitions: Security	Ambitions: Sexual	Column 4: Selfish	Column 4: Dishonest	Column 4: Self Seeking & Frightened	Column 4: Inconsiderate
1															
2															
3															
4															
5															
6															
7															
8															
9															
10															